



Child and Adult Care Program
Bulletin
[DEED CACFP Bulletin Web Page](#)

Child Nutrition Programs
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To: CACFP Sponsors and Institutions
From: Ann-Marie Martin, CACFP Program Coordinator

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Sponsoring organizations and institutions are required by regulation to keep Bulletins, Instructions, and USDA Policy Memorandums for reference and to apply immediately the appropriate instruction to agency programs. Call Child Nutrition Programs if you need further clarification.

USDA Policy, Information, & Implementation Memos

Food Nutrition Services (FNS) Response to [COVID-19](#) web page (including all Extension memos)

- CACFP07-2021-CN Emergency Operational Costs Reimbursement Programs: State Agency Implementation Plan Template and Q&A Guidance

Additional Topics

- Alaska Income Eligibility Guidelines for 7/1/21-6/30/22
- USDA Nondiscrimination Statement **Update**
- Alaska CACFP Sponsors and Institutions Free Virtual Trainings
- New CDC Guidance for Operating Child Care Programs during COVID-19
- Reminder – new cycle menu templates on the CNP Checklist Tab
- Information on Infant Feeding

Resources

- USDA Team Nutrition
- Dietary Guidelines for Americans 2020-2025 – New MyPlate Resources
- **Updated** Food Buying Guide
- CACFP Operational Resources Education (CORE) online training
- Alaska Child Nutrition Programs Listserv

USDA Policy, Information & Implementation Memos

- **CACFP07-2021-Child Nutrition Emergency Operational Costs Reimbursement Programs: State Agency Implementation Plan Template and Q&A Guidance.**
Sponsors: This USDA Policy Memo provides guidance for state agency implementation for calculating and dispensing emergency funds for those sponsors, institutions, and providers that earned less funds in FY 20 for the months of March-June compared to what they earned in FY19 for the same time period. The calculations will also take into account new programs in

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FY20 and those that had to temporarily close during the year due to COVID-19. All sponsors and institutions will be notified regarding the funding amounts. The funds will be dispersed as soon as possible.

Additional Topics

- **Alaska Income Eligibility Guidelines for 7/1/21-6/30/22**
The new income eligibility guidelines are available on the CNP Database Checklist Tab. Please use these guidelines if categorizing participants in the free/reduced/over income categories after July 1, 2021. This will be necessary if you are completing a new OMER after July 1st for FY21.
- **USDA Nondiscrimination Statement *Update*** There is a new version of the nondiscrimination statement to be used effective January 2021, which includes new hyperlinks. Below is the new wording; please make sure any of your publications have this version including your web sites.

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint), (AD-3027) found online at: <https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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- **Alaska CACFP Sponsors and Institutions Free Virtual Trainings - Updated**

Alaska Child Nutrition Programs has had a good response for the upcoming instructor led virtual trainings that are being presented by the institute of Child Nutrition (ICN) for Alaska. There is still room in the Basic Culinary Math class on April 28th from 1:00-5:00 p.m. and we've opened another Nutrition 101 training on Saturday, June 5th from 8:00 a.m. – 4:30 p.m.

If you are interested in the CACFP Meal Pattern Requirements training on May 5th please add your name to the waiting list through ICN. If we have enough interest we will schedule another training in June.

More information and registration links are provided on the training flyer. Space is limited so make sure you get registered as soon as possible!

- **The Centers for Disease Control and Prevention (CDC) released resources for child care providers, [Guidance for Operating Child Care Programs during COVID-19](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html)** that may be of interest. You can find this and other resources at their website at

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html>

- **Reminder – new Cycle Menu Templates and Infant Menu/Meal Count forms on the CNP Checklist Tab**

New required Cycle Menu Templates that include serving size amounts are located on the CNP database. You will also find the Infant Menu/Meal Count forms that are required for all infants under one year old.

There are two examples included that outline how to complete the form if you have a single age group or multiple age groups. The actual serving size should be listed – especially for items that include two or more items such as chili.

Noting if items are homemade (HM) and if they are USDA recipes (USDA) is still required. Reviewers will ask for all recipes to ensure you are meeting the meal pattern.

- **Information on Infant Feeding**

The FDA Advises Parents and Caregivers to Not Make or Feed Homemade Infant Formula to Infants. The Food and Drug Administration (FDA) is advising parents and caregivers to not make or feed homemade infant formula to infants because of serious health and safety concerns. You can read the full article at the [Food, Recalls, Outbreaks and Emergencies website](#). The USDA Infant Feeding Handbook, which can be found on the website for the [Alaska CACFP Resources](#), also states that Arsenic is found naturally in water, soil, and some foods, including infant rice cereal. If eaten over a long period of time it can be harmful. The FDA encourages parents and caregivers to follow the American Academy of Pediatrics advice and feed babies a variety of grains to make sure babies are not eating too much arsenic. The Alaska WIC program no longer has infant rice cereal as an option for grains.

Resources

- **USDA Team Nutrition** There are many new resources under the USDA Team Nutrition website that can be found at [USDA Team Nutrition](https://www.fns.usda.gov/tn) at <https://www.fns.usda.gov/tn>. You can also access recorded webinars on their [Trainers' Circle for CACFP Webinars](https://www.fns.usda.gov/tn/trainers-circle-cacfp-webinars/) found at <https://www.fns.usda.gov/tn/trainers-circle-cacfp-webinars/>

- **Dietary Guidelines for Americans 2020-2025 – New MyPlate Resources**

[MyPlate](#) is available to help families put the *Dietary Guidelines* into action with new digital tools and resources available starting today! *Start Simple with MyPlate* offers free, personalized resources based on the family's eating needs and habits.

Follow these simple steps and get started with these MyPlate resources:

1. *Find your starting point:* **Take the quick [MyPlate Quiz](#)** to see how your eating habits stack up against the MyPlate recommendations. Based on your answers you'll receive tailored resources and a personal quiz results code to sync with the *Start Simple with MyPlate* app.
2. *Set simple goals based on your personal needs:* **Use the [Start Simple with MyPlate app](#)** to help you set daily meal- and snack-based goals to help you eat healthier. Sync your results from the MyPlate Quiz for a personalized experience. Join challenges, see progress, and earn badges to celebrate successes.
3. *Learn how much you should eat:* To find out what and how much to eat from each of the food groups, **get your own personalized [MyPlate Plan](#)**.
4. *Put your plan into action:* **Discover recipes on [MyPlate Kitchen](#)**. Check out hundreds of healthy, budget-friendly recipes that provide detailed nutrition and food group information to help you choose recipes that fit your needs.
5. *Save money and eat healthy:* **Use [Healthy Eating on a Budget](#)** to help you save money at the store by making a shopping plan, shopping smart, and preparing healthy meals to stretch food dollars.
- 6: *Keep up the good work!* One big change is that we've officially changed our website from ChooseMyPlate.gov to MyPlate.gov. **Explore [MyPlate's new website](#)** – MyPlate.gov – with streamlined information for you to find tips, tools, and recipes that will fit your healthy eating needs.

- **Food Buying Guide** There is a new feature available on the FBG Interactive Web-based Tool. Under the Food Item Details Page users can select the desired Serving Size per Meal Contribution for fruits and vegetables using a drop-down menu to auto-calculate the amount to purchase based on the serving size. You can download the [Food Buying Guide](#).
- **CACFP Operational Resources Education (CORE) online training**
CORE is funded by USDA and they have three trainings that are now available online for sponsors' viewing pleasure! Subjects are Monitoring and Oversight, Financial Viability, and Serious Deficiency. It's a great time to get extra training in while working from home. Access through the [core-cacfp website](http://www.core-cacfp.com/online-training/) at <http://www.core-cacfp.com/online-training/>

- **Listserv-** Did You Know? Alaska Child Nutrition Programs has a listserv. The purpose of the listserv is to provide information and updates on the USDA Child Nutrition Programs, including the National School Lunch Program, the Child and Adult Care Food Program, and the Summer Food Service Program.

To receive all of the hottest news and updates from Alaska Child Nutrition Programs, Subscribe to ak_child_nutrition_programs by filling out the form found here: [Alaska Child Nutrition Programs ListServ](#).

You will receive a confirmation link via email which you should click to complete your subscription.